




Who You Should Refer

- Parents of students struggling with anxiety, depression, trauma, or other non-chronic mental health concerns
- Caregivers and support persons looking for resources and guidance
- Families seeking a safe and non-judgmental space to process their emotions and work toward healing

How You Can Refer A Family

- Simply click on the  button on the homepage to fill out the electronic form
- Make a referral in under 5 minutes! Our HIPAA-compliant platform makes it easy to refer someone

What Your School Gains

- **Enhanced Student Support:**
 - Partner with our team of experts to provide comprehensive mental health and wellness services, ensuring that your students receive the support they need to succeed academically, socially, and emotionally.
- **Streamlined Referral Process:**
 - Simplify the referral process for students who require additional support, allowing your staff to focus on teaching and learning while we handle the mental health and wellness needs of your students.
- **Collaborative Approach:**
 - Work closely with our team of licensed clinicians to develop individualized plans for students, ensuring that everyone is working together to support the student's wellbeing and academic success.
- **Exclusive Access to Critical Health Services:**
 - Provide families with access to a critical health service that may not be available in their county, giving them the support and resources they need to address their child's mental health and wellness needs.

What It Costs

- **No cost for the school!**
- **Financial Assistance Available:** The school can cover the cost for low-income families
- **Flexible Payment Options:**
 - FSA/HSA payments for therapy and coaching sessions
 - PDESES payments for therapy and coaching sessions
- **Note on Insurance:** At this time, we only accept out-of-pocket payments for our services



Dawn Health

Expert Guidance for Tweens (7 to 12), Teens (13+), Parents & Caregivers on:

- Social anxiety and self-confidence
- Body image concerns and self-acceptance
- Emotional regulation and stress management
- Peer pressure and self-esteem
- Cyberbullying and online safety
- Non-chronic mental health concerns (anxiety, depression, grief, ADHD, etc.)
- Bullying
- Self-esteem issues
- Trauma
- Nutrition, sleep, and exercise



Personalized therapy and coaching for:

- Mental health concerns
- Parenting challenges and stress
- Supporting your child's mental health and wellbeing
- Supporting academic and extracurricular pursuits
- Bullying
- Self-esteem issues
- Trauma
- Nutrition, sleep, or exercise challenges



Supporting Families and Children in Navigating Psychological Entropy



PROACTIVE & AFFORDABLE

- CARE BEFORE SYMPTOMS WORSEN
- LOWEST COST FOR TEXAN FAMILIES



ACCESSIBLE & CONVENIENT

- NO WAIT TIMES TO SEE A THERAPIST
- NO NEED TO SKIP WORK OR CLASS TO GET CARE

Refer a family at



www.dawnhealth.care